

# Want to know if Balloon Sinuplasty IS RIGHT FOR YOU?

The following questionnaire is intended to help define your symptoms and provide valuable information and insights for your doctor. Answer the questions, rating to the best of your ability the problems you have experienced over the past two weeks.

Patient Name: \_\_\_\_\_

Sino-Nasal Outcome Test (SNOT-22) Patient Phone: \_\_\_\_\_ Date: \_\_\_\_\_

1. Consider how severe the problem is when you experience it and how often it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel using this scale.	No problem	Very mild problem	Mild or slight problem	Moderate problem	Severe problem	Problem as bad as it can be		5 most important items
2. Please mark the most important items affecting your health (maximum of 5 items), right column.								
1. Need to blow nose	0	1	2	3	4	5		<input type="radio"/>
2. Nasal Blockage	0	1	2	3	4	5		<input type="radio"/>
3. Sneezing	0	1	2	3	4	5		<input type="radio"/>
4. Runny nose	0	1	2	3	4	5		<input type="radio"/>
5. Cough	0	1	2	3	4	5		<input type="radio"/>
6. Post-nasal discharge	0	1	2	3	4	5		<input type="radio"/>
7. Thick nasal discharge	0	1	2	3	4	5		<input type="radio"/>
8. Ear fullness	0	1	2	3	4	5		<input type="radio"/>
9. Dizziness	0	1	2	3	4	5		<input type="radio"/>
10. Ear pain	0	1	2	3	4	5		<input type="radio"/>
11. Facial pain/pressure	0	1	2	3	4	5		<input type="radio"/>
12. Decreased sense of smell/taste	0	1	2	3	4	5		<input type="radio"/>
13. Difficulty falling asleep	0	1	2	3	4	5		<input type="radio"/>
14. Wake up at night	0	1	2	3	4	5		<input type="radio"/>
15. Lack of a good night's sleep	0	1	2	3	4	5		<input type="radio"/>
16. Wake up tired	0	1	2	3	4	5		<input type="radio"/>
17. Fatigue	0	1	2	3	4	5		<input type="radio"/>
18. Reduced productivity	0	1	2	3	4	5		<input type="radio"/>
19. Reduced concentration	0	1	2	3	4	5		<input type="radio"/>
20. Frustrated/restless/irritable	0	1	2	3	4	5		<input type="radio"/>
21. Sad	0	1	2	3	4	5		<input type="radio"/>
22. Embarrassed	0	1	2	3	4	5		<input type="radio"/>

# SINUS RELIEF IS HERE.

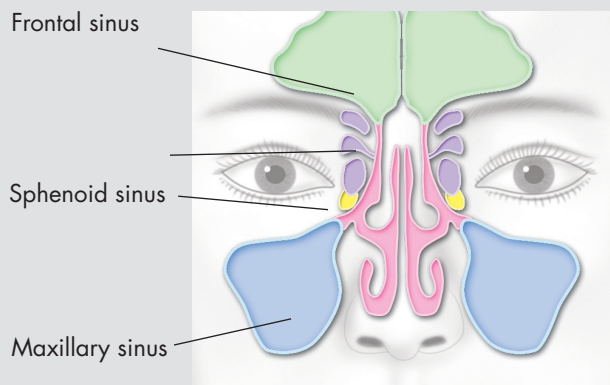
Balloon Sinuplasty (BSP) is an effective sinus procedure for chronic sinusitis patients seeking relief from uncomfortable sinus pain symptoms.

## WHAT IS SINUSITIS?

Sinusitis is an inflammation of the sinus lining often caused by infections and/or blockage of the sinus openings, altering normal mucus drainage.

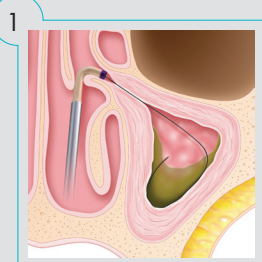
## SYMPTOMS<sup>1</sup>:

- Nasal obstruction or nasal congestion
- Thick and discolored drainage
- Decreased smell or taste
- Facial pressure, discomfort or fullness
- Headache
- Fatigue
- Bad breath
- Fever
- Upper tooth pain
- Cough
- Ear pressure

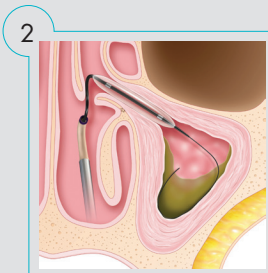


Sinus Area Close-up

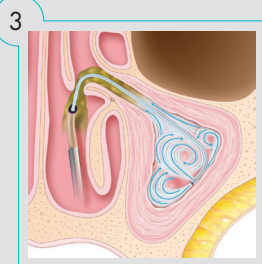
## HOW DOES BALLOON SINUPLASTY WORK?



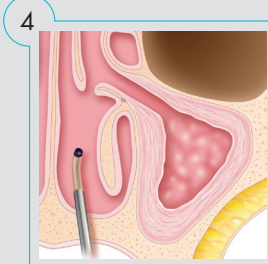
**Step 1:** A soft, flexible guidewire is inserted into the blocked sinus.



**Step 2:** The balloon is advanced over the guidewire and is inflated to gently expand the sinus opening.



**Step 3:** Fluid is sprayed into the infected sinus to flush out pus and mucus.



**Step 4:** The system is removed, leaving the sinuses open.

## SINCE 2013 - RECOVERY - PROVEN - IN-OFFICE -

More than 1.1 million patients have been treated by physicians using Balloon Sinuplasty technology.<sup>2</sup>  
While recovery time varies with each patient, many people quickly return to normal activities.<sup>3</sup>  
Over 70% of patients who have the procedure say they would have it again.<sup>3</sup>  
Available to some patients as a procedure conducted in a doctor's office under local anesthesia.<sup>3</sup>

For more information on sinusitis or Balloon Sinuplasty, please visit [www.balloonsinuplasty.com](http://www.balloonsinuplasty.com).

1. Adult Sinusitis from American Rhinologic Society (2020). Retrieved from <https://sinushealth.com/conditions/adult-sinusitis/> on April 26, 2023.

2. Acclarent Procedural Data Documented generated on March 7, 2017 and February 22, 2023.

3. K aranfilov B, Silvers S, Pasha R. (2013). Office-based balloon sinus dilation: a prospective, multicenter study of 203 patients. *Int Forum AllergyRhinol.* 3(5):404-411.

ACCLARENT® Balloon Sinuplasty Devices are intended for use by or under the direction of a physician. Acclarent Technology has associated risks, including unintended tissue injury, infection, or possible visual injury. Consult your physician for a full discussion of risks and benefits to determine whether this procedure is right for you. Caution: Federal (US) law restricts the sale, distribution or use of these devices to, by or on the order of a physician.

Acclarent and Integra are registered trademarks of Integra LifeSciences Corporation or its subsidiaries in the United States and/or other countries.

©2024 Integra LifeSciences Corporation. All Rights Reserved. 4877221-1-EN



**Acclarent®**  
AN INTEGRA LIFESCIENCES COMPANY